2019 Haiti Packing List

Documents

Passport Medical Form w/ you can attach immunization records

List of Immunizations / Medications

Hepatitis A & B Tetanus (updated within 5 yrs.)
Typhoid (optional) Malaria Prescription (Mefloquine taken weekly)

To Pack:

Prescriptive medications must be in original container with your name on it.
Journal
Towels (an extra one for the beach)
3-4 pair shorts/ tank tops or t-shirts
1 dress up outfit for church (slacks for boys, skirts or dress pants for girls)
bathing suit**, beach towel** (Place it in a sm. bag with your name on it and put it in a team bag)
bandanas or hat
sneakers or closed toe shoes for projects and socks for projects
sandals
flashlight w/ extra batteries
I pod , camera & chargers
Toiletries, sun screen
Day pack
baby wipes
2 water bottles
lightweight long sleeve shirt & pants (cotton loungers)
Mosquito repellant

NB

- You may bring your phone to listen to music on plane and at night to sleep but you will not be allowed to use it for anything else. No other electronics. We do not have electricity except for a generator. You can charge you cameras when I turn it on. You will however, be able to text home on my phone. I will forward emergency contact numbers when I send you the final travel documents.
- small carry on duffel for the plane with your personal supplies. Airports check all carryon sizes.
- Beach towel can be packed in the team bags plus any liquid "stuff".
- Toothpaste, shampoo, conditioner and detergent will be supplied. Pack lightly. Clothes can be washed. Spending money should be in cash, small bills NOT in travelers checks.

You can bring one small carry-on bag plus one personal item per passenger as long as the carry-on bag fits comfortably in the sizer without being forced and does not exceed overall dimensions of 45 inches (length + width + height). The maximum dimensions cannot exceed any of the following measurements: 22" long x 14" wide x 9" tall or 115cm (56 x 36 x 23 cm). All carry-on items should be stowed in an overhead bin.Personal item - includes: purse, briefcase, laptop bag OR a similar item such as a tote. The personal item must be smaller than *your carry-on bag and must fit under the seat in front of you.*

Each of you will be assigned a team bag to check in.